

Spa Treatment Menu



*Hand*PICKED
— HEALTH CLUBS & SPAS —

Face

ELEMIS and Ishga facial treatments use touch as a powerful diagnostic tool. The products are applied using a combination of ancient and modern massage techniques from around the world.

Anti-Ageing Facials

ELEMIS Pro-Collagen Age Defy Facial	55 minutes	£79
[Comfort Zone /skin regimen/ Longevity Facial	55 minutes	£79
[Comfort Zone] /skin regimen/ Urban Detox Facial	55 minutes	£79

Skin Solutions Facials

ELEMIS Superfood Pro-Radiance Facial	55 minutes	£79
Ishga Facial	55 minutes	£79
Ishga Express Facial	25 minutes	£47

Skin Specific Facials

(Tailored by your therapist)

ELEMIS Skin Specific Facial	55 minutes	£79
ELEMIS Skin Specific Facial	25 minutes	£47

Technology Facials: ELEMIS BIOTEC facials use the pioneering innovation of the BIOTEC machine to switch the skin back on, increasing its natural cellular energy.

Anti-Ageing Technology Facials

ELEMIS BIOTEC Firm-a-Lift Facial	55 minutes	£79
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Skin Solutions Technology Facials

ELEMIS BIOTEC Radiance Renew Facial	55 minutes	£79
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Massage

ELEMIS Freestyle Deep Tissue Massage	55 minutes	£79
Traditional Full Body Massage	55 minutes	£79
Ishga Invigorating Massage	55 minutes	£79
ELEMIS Freestyle Deep Tissue Massage	25 minutes	£47
Traditional Back Neck & Shoulder Massage	25 minutes	£47
Ishga Express Massage	25 minutes	£47

Combination Treatments

ELEMIS Face and Body Couture Touch	55 minutes	£79
Ishga Face & Body Combo Treatment	55 minutes	£79
Body Scrub & Massage Combo Treatment	55 minutes	£79
Fingers and Toes Combo Treatment	55 minutes	£55

Heat Treatments

ELEMIS Deeper than Deep Hot Stone Massage	55 minutes	£85
ELEMIS Deeper than Deep Hot Stone Massage	40 minutes	£79

Body

[comfort zone] Himalayan Salt Ritual	55 minutes	£85
ELEMIS Body Nectar Nourishing Frangipani Wrap	55 minutes	£79
Ishga Marine Back Facial Experience	55 minutes	£79
ELEMIS Intensely Cleansing Salt Scrub Lime and Ginger or Frangipani	25 minutes	£47
Ishga Salt and Oil Scrub	25 minutes	£47

Pregnancy

ELEMIS Peaceful Pregnancy Massage	55 minutes	£79
ELEMIS Pregnancy Facial	55 minutes	£79

Suitable for all mothers-to-be from 13 weeks of pregnancy

For Men

ELEMIS High Performance Skin Energiser Facial	55 minutes	£79
ELEMIS Freestyle Deep Tissue Massage	55 minutes	£79
Traditional Back Neck and Shoulder Massage	25 minutes	£47

Speciality Treatments

Indian Head Massage	40 minutes	£53
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Hands & Feet

Luxury Pedicure	70 minutes	£55
Classic Pedicure	55 minutes	£45
Luxury Manicure	55 minutes	£45
Classic Manicure	40 minutes	£35
Shape and Polish for Toes	25 minutes	£28
Shape and Polish for Fingers	25 minutes	£28

Please bring open toe shoes to wear after your pedicure

Geleration Nails

GEL Removal and Pedicure	70 minutes	£65
GEL Removal and Manicure	70 minutes	£55
GEL Pedicure	55 minutes	£55
GEL Manicure	40 minutes	£45
GEL Removal	30 minutes	£20

Terms and conditions. Please visit our website for further information on: Hand Picked spa booking terms and conditions. Opening and closing times. How to book and methods of payment. Cancellation policy. Health guidelines.

All prices include VAT at 20% and may be subject to change.

handpickedhotels.co.uk/spa-termsandconditions

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HOTELS