

# Spa Treatment Menu

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*Hand*PICKED  
— HEALTH CLUBS & SPAS —

## Face

ELEMIS facial treatments use touch as a powerful diagnostic tool. The products are applied using a combination of ancient and modern massage techniques from around the world.

### Anti-Ageing Facials

ELEMIS Pro-Collagen Age Defy Facial 55 minutes £85

### Skin Solutions Facials

ELEMIS Superfood Pro-Radiance Facial 55 minutes £85

### Skin Specific Facials

(Tailored by your therapist)

ELEMIS Skin Specific Facial 55 minutes £85

ELEMIS Skin Specific Facial 25 minutes £52

**Technology Facials:** ELEMIS BIOTEC facials use the pioneering innovation of the BIOTEC machine to switch the skin back on, increasing its natural cellular energy.

### Anti-Ageing Technology Facials

ELEMIS BIOTEC Firm-a-Lift Facial 55 minutes £85

### Skin Solutions Technology Facials

ELEMIS BIOTEC Radiance Renew Facial 55 minutes £85

## Massage

ELEMIS Freestyle Deep Tissue Massage 55 minutes £85

Traditional Full Body Massage 55 minutes £85

ELEMIS Freestyle Deep Tissue Massage 25 minutes £52

Traditional Back Neck & Shoulder Massage 25 minutes £52

### Combination Treatments

ELEMIS Face and Body Couture Touch 55 minutes £85

Face & Body Combo Treatment 55 minutes £85

Body Scrub & Massage Combo Treatment 55 minutes £85

Fingers and Toes Combo Treatment 55 minutes £55

## Heat Treatments

ELEMIS Deeper than Deep Hot Stone Massage 55 minutes £95

ELEMIS Deeper than Deep Hot Stone Massage 40 minutes £85

## Body: Scrubs & Wraps

ELEMIS Body Nectar Nourishing Frangipani Wrap 55 minutes £85

ELEMIS Intensely Cleansing Salt Scrub Lime and Ginger or Frangipani 25 minutes £52

## Pregnancy

ELEMIS Peaceful Pregnancy Massage 55 minutes £85

ELEMIS Pregnancy Facial 55 minutes £85

*Suitable for all mothers-to-be from 13 weeks of pregnancy*

## For Men

ELEMIS High Performance Skin Energiser Facial 55 minutes £85

ELEMIS Freestyle Deep Tissue Massage 55 minutes £85

Traditional Back Neck and Shoulder Massage 25 minutes £52

## Speciality Treatments

Indian Head Massage 25 minutes £52

## Hands & Feet

Luxury Pedicure 70 minutes £65

Classic Pedicure 55 minutes £55

Luxury Manicure 55 minutes £55

Classic Manicure 40 minutes £45

Shape and Polish for Toes 25 minutes £29

Shape and Polish for Fingers 25 minutes £29

*Please bring open toe shoes to wear after your pedicure*

## Geleration Nails

GEL Removal and Pedicure 70 minutes £75

GEL Removal and Manicure 70 minutes £65

GEL Pedicure 55 minutes £65

GEL Manicure 40 minutes £55

GEL Removal 30 minutes £20

**Terms and conditions.** Please visit our website for further information on: Hand Picked spa booking terms and conditions. Opening and closing times. How to book and methods of payment. Cancellation policy. Health guidelines.

All prices include VAT at 20% and may be subject to change.

[handpickedhotels.co.uk/spa-termsandconditions](http://handpickedhotels.co.uk/spa-termsandconditions)

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\*Calls cost 5p per minute plus your provider's access charge.

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HOTELS