

WOODLANDS PARK
HOTEL

Alfresco Menu

All served from 11:00 am -9:30 pm
Cold sandwiches available 24hrs
Children's menu available upon request



APPETISERS

£7 each or 3 for £18

Nocellara olives(v)
(Kcal 108)

Padron peppers (Vg)
Sherry vinegar, smoked paprika
(kcal 83)

Grilled artichokes (v)
Hummus and smoked paprika (kcal 452)

Focaccia bread
Balsamic and olive oil (kcal 945)

John Ross smoked salmon
Beetroot ketchup (Kcal 262)

Woodland's Park sausage roll
Beetroot ketchup (Kcal 262)

Soup of the day (v)
Chef's special with freshly baked rolls



SANDWICHES

*Sandwiches served with thick cut chips and salad
garnish
(* Cold items available 24/7)*

Grass-fed minute steak ciabatta £18
Rockets, fried onions and red wine dip (Kcal 684)

Grilled Red Tractor chicken tortilla wrap £13
Caesar dressing, gem lettuce, parmesan and pancetta
(Kcal 742)

Oak and beech Scottish smoked salmon bagel* £13
Dill cream cheese, pickled cucumber and Kingfisher
Farm watercress (kcal 635)

**Smoked applewood cheddar and tomato chutney
sandwich* (ve) £10**
White or brown bloomer bread
(kcal 816)

Sussex ham sandwich* £10
Kingfisher farm watercress and horseradish. White or
brown bloomer bread (kcal 603)

Falafel and hummus toast (ve) £13
Red cabbage, mint, lime, grilled flatbread and fennel
(kcal 682)

A discretionary service charge of 12.5% will be added to your bill. All our food is prepared in a kitchen where nuts, gluten and other allergens are present and our menu descriptions do not include all ingredients. If more information about allergens is required, please ask a member of the team. Prices inclusive of VAT at current rate.
Adults need around 2000 kcal per day.

HOT BEVERAGES

Double espresso £4.50

Americano £4.50

Latte £4.50

Cappuccino £4.50

Hot chocolate £4.50

All hot beverages come with a biscuit containing gluten

Coffee:

Our coffee bean provider, Peak & Wild, partners with the John Muir Trust to support the restoration of Scotland's rainforest. Their goal is to save over 1000 hectares of Scotland's rainforest over 3 years and to help 2500 young people across the UK & Ireland to achieve their John Muir Award.

Tea:

Camellia's tea house check that sustainable methods of farming are implemented and source teas from gardens accredited by organisations such as the Rainforest Alliance, UTZ and Ethical Tea Partnership

Our fish and seafood are only purchased from suppliers who use sustainable sources.

Juices

Fresh orange juice £1.95

Fresh apple juice £1.95

Grapefruit juice £1.95

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MAIN EVENT

Woodlands Park cheese and bacon burger £18

Brioche bun, tomato, lettuce, pickle and triple cooked chips (1468 Kcal)

Plant-based burger (vg) £18

Grilled pepper, tomato, lettuce, pickle and French fries (826 Kcal)

Hogs Back Brewery battered fish and chips £19

Crushed minted peas, tartare sauce and lemon (774 Kcal)

Red Tractor butterfly chicken breast £16

Salsa Verde, asparagus and Jersey Royals (561 Kcal)

10oz Sirloin steak £31

Plum tomatoes, triple cooked chips, grilled flat mushroom and peppercorn sauce (1118 Kcal)

Clam linguine £23

South coast carpet shell clams, Nduja linguine, fine herbs (kcal 826)

PIZZAS

12" hand-stretched stone-baked

Classic Margherita (ve) £16 (Kcal 691)

Carne: Salami, Parma ham, mozzarella, parmesan and rocket (1064 Kcal) £18

Verde: Grilled English Asparagus, artichoke, olives and Padron pepper (836 Kcal)

SALADS

Priced for small or large portions

Grilled Red Tractor chicken Caesar salad £8/£16

Anchovy, parmesan, focaccia crouton and pancetta (Kcal 575/1001)

Ancient grains and seeds (vg) £7/£14

Charred broccoli, pomegranate, broad bean, mint, lime and harissa spiced hummus (Kcal 400/952)

Grilled Hampshire chalk stream trout £8/£16

Baby gem wedge spiced avocado, tarragon dressing (Kcal 436/701)

Puglia burrata tomato (ve) £13

Basil, olive oil crisp focaccia (Kcal 364)

Grilled asparagus (vg) £12

English asparagus spears, lemon and thyme dressing, mesclun salad (Kcal 360)

SIDES

£5 each

Hand-cut chips (Kcal 253)

French fries (Kcal 455)

Rocket and parmesan salad (Kcal 198)

Broccoli, garlic, lemon and chilli (Kcal 137)



BEVERAGES

White wine 250ml

Cormons, Friulano, Friuli, Italy £13

Viognier, Hemel-en-Aarde, South Africa £15

Howard's Folly, Alvarinho, Alentejo, Portugal £16

Channing Daughters, Chardonnay, NY, USA £17

Red wine 250ml

Raccolto A Mano, Villa Saletta, Tuscany, Italy £13

Longavi, Glup Pais, Bio Bio Valley, Chile £13

Caythorpe, Pinot Noir, Marlborough, NZ £16

Saletta Riccardi, Villa Saletta, Tuscany, Italy £20

Bottled beer 330ml

Estrella Damm Lager £6

Birra Moretti £6

Peroni Nastro Azzurro £6

Corona £6

Bottled cider

Magners original 568ml £6

Hazy Hog cider 500ml £6

Kopparberg (flavoured) 500ml £7

DESSERTS

Chocolate brownie £7

Vanilla ice cream, Dulche de Leche (818 Kcal)

Eton Mess £6

(611 Kcal)

Compressed pineapple (vg) £6

Passion fruit sorbet (169 Kcal)

Ice cream or sorbets (ve) £3 per scoop

Chef's flavours of the day (217 Kcal)

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