

Spa Treatment Menu



*Hand*PICKED
— HEALTH CLUBS & SPAS —

Face

ELEMIS facial treatments use touch as a powerful diagnostic tool. The products are applied using a combination of ancient and modern massage techniques from around the world.

Anti-Ageing Facials

ELEMIS Pro-Glow Smooth Facial 55 minutes £79

Skin Specific/Prescriptive Facials

(Tailored by your therapist)

ELEMIS Pro-Glow Brilliance Facial 55 minutes £79

ELEMIS Pro-Glow Resurface Facial 55 minutes £79

ELEMIS Pro-Glow Renewal Facial 55 minutes £79

ELEMIS Pro-Glow Express Facial 25 minutes £49

Technology Facials:

ELEMIS BIOTEC facials use the pioneering innovation of the BIOTEC machine to switch the skin back on, increasing its natural cellular energy.

Anti-Ageing Technology Facials

ELEMIS Biotec Pro-Glow Smooth Facial+ 55 minutes £80

Skin Specific/Prescriptive Technology Facials

ELEMIS Biotec Pro Glow Brilliance Facial+ 55 minutes £79

ELEMIS Biotec Pro Glow Resurface Facial+ 55 minutes £79

Massage

ELEMIS Freestyle Deep Tissue Massage 55 minutes £79

Traditional Full Body Massage 55 minutes £79

ELEMIS Freestyle Deep Tissue Massage 25 minutes £49

Traditional Back Neck & Shoulder Massage 25 minutes £49

Heat Treatments

ELEMIS Deeper than Deep Hot Stone Massage 55 minutes £89

ELEMIS Deeper than Deep Hot Stone Massage 25 minutes £59

Combination Treatments

Full Body Massage & Luxury Facial Combo 115 minutes £125

Luxury Facial & Back Neck, Shoulder Massage Combo 85 minutes £109

Full Body Massage & Express Facial Combo 85 minutes £109

Face & Body Combo Treatment 55 minutes £79

Body Scrub & Massage Combo Treatment 55 minutes £79

Fingers and Toes Combo Treatment 55 minutes £59

Body: Scrubs & Wraps

ELEMIS Frangipani Body Nectar Nourishing Wrap 55 minutes £79

ELEMIS Intensely Cleansing Lime & Ginger Salt Scrub 25 minutes £49

ELEMIS Intensely Cleansing Frangipani Salt Scrub 25 minutes £49

Pregnancy

ELEMIS Peaceful Pregnancy Massage 55 minutes £79

ELEMIS Pregnancy Facial 55 minutes £79

Suitable for all mothers-to-be from 13 weeks of pregnancy

Speciality Treatments

Indian Head Massage 25 minutes £49

Hands & Feet

Luxury Pedicure 70 minutes £52

Classic Pedicure 55 minutes £47

Luxury Manicure 55 minutes £47

Classic Manicure 40 minutes £42

Shape and Polish for Toes 25 minutes £30

Shape and Polish for Fingers 25 minutes £30

Please bring open toe shoes to wear after your pedicure

Geleration Nails

GEL Removal and Pedicure 70 minutes £62

GEL Removal and Manicure 70 minutes £57

GEL Pedicure 55 minutes £52

GEL Manicure 40 minutes £47

GEL Removal 30 minutes £20

Terms and conditions. Please visit our website for further information on: Hand Picked spa booking terms and conditions. Opening and closing times. How to book and methods of payment. Cancellation policy. Health guidelines.

All prices include VAT at 20% and may be subject to change.

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*Calls cost 5p per minute plus your provider's access charge.

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