

# Spa Treatment Menu

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*Hand*PICKED  
— HEALTH CLUBS & SPAS —

## Face

**Touch Facials:** ELEMIS hands-on facial treatments use touch as a powerful diagnostic tool, product is applied using a combination of ancient and modern massage techniques from around the world.

### Anti-Ageing Touch Facials

ELEMIS Pro-Collagen Age Defy Facial 55 minutes £80

### Skin Solutions Touch Facials

ELEMIS Superfood Pro-Radiance Facial 55 minutes £80

### Skin Specific Touch Facials

(Tailored by your therapist)

ELEMIS Skin Specific Facial 55 minutes £80

ELEMIS Skin Specific Facial 25 minutes £47

**Technology Facials:** ELEMIS BIOTEC facials use the pioneering innovation of the BIOTEC machine to switch the skin back on, increasing its natural cellular energy.

### Anti-Ageing Technology Facials

ELEMIS BIOTEC Firm-a-Lift Facial 55 minutes £80

### Skin Solutions Technology Facials

ELEMIS BIOTEC Radiance Renew Facial 55 minutes £80

## Massage

ELEMIS Freestyle Deep Tissue Massage 70 minutes £105

ELEMIS Freestyle Deep Tissue Massage 55 minutes £80

Traditional Full Body Massage 55 minutes £80

ELEMIS Freestyle Deep Tissue Massage 40 minutes £64

ELEMIS Freestyle Deep Tissue Massage 25 minutes £47

Traditional Back Neck & Shoulder Massage 25 minutes £47

## Combination Treatments

ELEMIS Face and Body Couture Touch 110 110 minutes £135

ELEMIS Face and Body Couture Touch 55 55 minutes £80

Face & Body Combo Treatment 55 minutes £80

Body Scrub & Massage Combo Treatment 55 minutes £80

Fingers and Toes Combo Treatment 55 minutes £59

## Heat Treatments

ELEMIS Deeper than Deep Hot Stone Massage 70 minutes £115

ELEMIS Deeper than Deep Hot Stone Massage 55 minutes £90

## Body: Scrubs & Wraps

ELEMIS Body Nectar Nourishing

Frangipani Wrap 55 minutes £80

ELEMIS Intensely Cleansing Salt Scrub

Lime and Ginger or Frangipani 25 minutes £47

## Pregnancy

ELEMIS Peaceful Pregnancy Massage 55 minutes £80

ELEMIS Pregnancy Facial 55 minutes £80

*Suitable for all mothers-to-be from 13 weeks of pregnancy*

## For Men

ELEMIS High Performance Skin Energiser Facial 55 minutes £80

ELEMIS Freestyle Deep Tissue Massage 55 minutes £80

Traditional Back Neck and Shoulder Massage 25 minutes £47

## Speciality Treatments

Reflexology 40 minutes £64

Indian Head Massage 25 minutes £47

## Hair Removal

Full Leg and Bikini Wax 55 minutes £40

Full Leg Wax 40 minutes £35

Holiday Bikini Wax 25 minutes £30

Back or Chest Wax 25 minutes £30

Half Leg Wax 25 minutes £25

Bikini Wax 10 minutes £25

Lip or Chin Wax 10 minutes £20

Under Arm Wax 10 minutes £20

## Eyes

Eyelash Tint 25 minutes £25

Eyebrow Shape 10 minutes £20

Eyebrow Tint 10 minutes £20

*A patch test is required at least 24 hours before having an eyelash tint.*

## Hands & Feet

Luxury Pedicure 70 minutes £55

Classic Pedicure 55 minutes £50

Luxury Manicure 55 minutes £50

Classic Manicure 40 minutes £45

Shape and Polish for Toes 25 minutes £30

Shape and Polish for Fingers 25 minutes £30

*Please bring open toe shoes to wear after your pedicure.*

## Gelation Nails

Removal and Classic Pedicure 70 minutes £60

Removal and Classic Manicure 70 minutes £55

GEL Pedicure 55 minutes £55

GEL Manicure 40 minutes £50

GEL Shape and Polish 25 minutes £35

GEL Removal 25 minutes £20

**Terms and conditions.** Please visit our website for further information on: Hand Picked spa booking terms and conditions. Opening and closing times. How to book and methods of payment. Cancellation policy. Health guidelines.

All prices may be subject to change.

[handpickedhotels.co.uk/spa-termsandconditions](http://handpickedhotels.co.uk/spa-termsandconditions)

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Central Reservations 01642 706634 or 0845 458 0904\*

[handpickedhotels.co.uk/nutfieldpriority](http://handpickedhotels.co.uk/nutfieldpriority)

\*Calls cost 5p per minute plus your provider's access charge.

*Hand*PICKED  
HOTELS