

Spa Treatment Menu



*Hand*PICKED
— HEALTH CLUBS & SPAS —

Face

Touch Facials:

ELEMIS hands-on facial treatments use touch as a powerful diagnostic tool, product is applied using a combination of ancient and modern massage techniques from around the world.

Anti-Ageing Touch Facials

ELEMIS Pro-Glow Smooth Facial 55 minutes £84

Skin Specific/Prescriptive Facials

(Tailored by your therapist)

ELEMIS Pro-Glow Brilliance Facial 55 minutes £84

ELEMIS Pro-Glow Resurface Facial 55 minutes £84

ELEMIS Pro-Glow Renewal Facial 55 minutes £84

ELEMIS Pro-Glow Express Facial 25 minutes £55

Technology Facials:

ELEMIS BIOTEC facials use the pioneering innovation of the BIOTEC machine to switch the skin back on, increasing its natural cellular energy.

Anti-Ageing Technology Facials

ELEMIS Biotec Pro-Glow Smooth Facial+ 55 minutes £84

Skin Solutions Technology Facials

ELEMIS Biotec Pro Glow Brilliance Facial+ 55 minutes £84

ELEMIS Biotec Pro Glow Resurface Facial+ 55 minutes £84

Massage

ELEMIS Freestyle Deep Tissue Massage 70 minutes £100

ELEMIS Freestyle Deep Tissue Massage 55 minutes £84

Traditional Full Body Massage 55 minutes £84

ELEMIS Freestyle Deep Tissue Massage 40 minutes £70

ELEMIS Freestyle Deep Tissue Massage 25 minutes £55

Traditional Back Neck & Shoulder Massage 25 minutes £55

Heat Treatments

ELEMIS Deeper than Deep Hot Stone Massage 70 minutes £110

ELEMIS Deeper than Deep Hot Stone Massage 55 minutes £94

ELEMIS Poultice - Powered Muscle Release 55 minutes £94

Pregnancy

ELEMIS Peaceful Pregnancy Massage 55 minutes £84

ELEMIS Pregnancy Facial 55 minutes £84

Suitable for all mothers-to-be from 13 weeks of pregnancy

Speciality Treatments

Reflexology 40 minutes £70

Indian Head Massage 25 minutes £55

Combination Treatments

Full Body Massage & Luxury Facial Combo 115 minutes £153

Luxury Facial & Back Neck, Shoulder Massage Combo 85 minutes £129

Full Body Massage & Express Facial Combo 85 minutes £129

Face & Body Combo Treatment 55 minutes £84

Body Scrub & Massage Combo Treatment 55 minutes £84

Fingers and Toes Combo Treatment 55 minutes £62

Body: Rituals Scrubs & Wraps

ELEMIS Frangipani Body Nectar Nourishing Wrap 55 minutes £84

ELEMIS Intensely Cleansing Lime & Ginger Salt Scrub 25 minutes £55

ELEMIS Intensely Cleansing Frangipani Salt Scrub 25 minutes £55

Hands & Feet

Luxury Pedicure 70 minutes £57

Classic Pedicure 55 minutes £52

Luxury Manicure 55 minutes £52

Classic Manicure 40 minutes £47

Shape and Polish for Toes 25 minutes £32

Shape and Polish for Fingers 25 minutes £32

Please bring open toe shoes to wear after your pedicure.

Gelation Nails

Removal and Classic Pedicure 70 minutes £67

Removal and Classic Manicure 55 minutes £62

GEL Pedicure 55 minutes £57

GEL Manicure 40 minutes £52

GEL Shape and Polish 25 minutes £37

GEL Removal 25 minutes £20

Terms and conditions. Please visit our website for further information on: Hand Picked spa booking terms and conditions. Opening and closing times. How to book and methods of payment. Cancellation policy. Health guidelines.

All prices may be subject to change.

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*Hand*PICKED
HOTELS