

Spa Treatment Menu



*Hand*PICKED
— HEALTH CLUBS & SPAS —

Face

Touch Facials: ELEMIS hands-on facial treatments use touch as a powerful diagnostic tool, product is applied using a combination of ancient and modern massage techniques from around the world.

Anti-Ageing Touch Facials

ELEMIS Pro-Collagen Age Defy Facial 55 minutes £78

Skin Solutions Touch Facials

ELEMIS Superfood Pro-Radiance Facial 55 minutes £78

Skin Specific Touch Facials

(Tailored by your therapist)

ELEMIS Skin Specific Facial 55 minutes £78

ELEMIS Skin Specific Facial 25 minutes £45

Technology Facials: ELEMIS BIOTEC facials use the pioneering innovation of the BIOTEC machine to switch the skin back on, increasing its natural cellular energy.

Anti-Ageing Technology Facials

ELEMIS BIOTEC Firm-a-Lift Facial 55 minutes £78

Skin Solutions Technology Facials

ELEMIS BIOTEC Radiance Renew Facial 55 minutes £78

Massage

ELEMIS Freestyle Deep Tissue Massage 55 minutes £78

ELEMIS Freestyle Deep Tissue Massage 25 minutes £45

Traditional Back Neck & Shoulder Massage 25 minutes £45

Traditional Full Body Massage 55 minutes £78

Combination Treatments

ELEMIS Face and Body Couture Touch 55 minutes £78

ELEMIS Face and Body Couture Touch 110 minutes £149

Face & Body Combo Treatment 55 minutes £78

Body Scrub & Massage Combo Treatment 55 minutes £78

Fingers and Toes Combo Treatment 55 minutes £55

Heat Treatments

ELEMIS Deeper than Deep Hot Stone Massage 40 minutes £60

ELEMIS Deeper than Deep Hot Stone Massage 55 minutes £82

Body: Scrubs & Wraps

ELEMIS Body Nectar Nourishing

Frangipani Wrap 55 minutes £78

ELEMIS Intensely Cleansing Salt Scrub

Lime and Ginger or Frangipani 25 minutes £45

Pregnancy

ELEMIS Peaceful Pregnancy Massage 70 minutes £82

ELEMIS Pregnancy Facial 55 minutes £78

Suitable for all mothers-to-be from 13 weeks of pregnancy

For Men

ELEMIS High Performance Skin Energiser Facial 55 minutes £78

ELEMIS Freestyle Deep Tissue Massage 55 minutes £78

Traditional Back Neck and Shoulder Massage 25 minutes £45

Speciality Treatments

Indian Head Massage 25 minutes £45

Tanning

Manual Application Tan with Full Body Exfoliation

55 minutes £45

Manual Application Full Body Tan 25 minutes £25

Hair Removal

Full Leg and Bikini Wax 55 minutes £40

Full Leg Wax 40 minutes £35

Holiday Bikini Wax 25 minutes £30

Bikini Wax 10 minutes £20

Back or Chest Wax 25 minutes £30

Half Leg Wax 25 minutes £25

Full Arm Wax 25 minutes £20

Under Arm Wax 10 minutes £15

Lip and Chin Wax 25 minutes £20

Lip or Chin Wax 10 minutes £15

Eyes

Eyelash Tint 25 minutes £18

Eyebrow Shape 15 minutes £15

Eyebrow Tint 15 minutes £15

A patch test is required at least 24 hours before having an eyelash tint.

Hands & Feet

Luxury Pedicure 70 minutes £55

Classic Pedicure 55 minutes £48

Luxury Manicure 55 minutes £48

Classic Manicure 40 minutes £38

Shape and Polish for Toes 25 minutes £28

Shape and Polish for Fingers 25 minutes £28

Please bring open toe shoes to wear after your pedicure.

Gelation Nails

GEL Pedicure 55 minutes £55

GEL Manicure 40 minutes £45

GEL Shape and Polish 30 minutes £35

GEL Removal and Pedicure 70 minutes £60

GEL Removal and Manicure 70 minutes £50

GEL Removal 30 minutes £20

Terms and conditions. Please visit our website for further information on: Hand Picked spa booking terms and conditions. Opening and closing times. How to book and methods of payment. Cancellation policy. Health guidelines.

All prices may be subject to change.

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Central Reservations 01642 706634 or 0845 458 0904*

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*Hand*PICKED
HOTELS