



# SPA TREATMENTS

If you are currently staying with us and wish to book a treatment, please call the spa extension number from your bedroom and we would be happy to assist you.

## Face

### Touch Facials

Hands-on facial treatments use touch as a powerful diagnostic tool, softening and prepping the skin to receive active ingredients. This is where intuition meets expertise.

### Anti-Ageing Facials

ELEMIS EXPERT™ Touch Define Facial	85 mins	£155
[comfort zone] Sublime Skin Deluxe Lift Facial	70 mins	£125
ELEMIS EXPERT™ Touch Renew Facial	55 mins	£95
[comfort zone] Sublime Skin Active Lift Facial	55 mins	£95
[comfort zone] Sublime Skin Double Peel Facial	55 mins	£95
[comfort zone] Luminant - 3 Bright Facial	55 mins	£95

### Skin Specific/Prescriptive Facials

(Tailored by your therapist)

[comfort zone] Recover Touch Facial	55 mins	£95
[comfort zone] Remedy Facial	55 mins	£95
[comfort zone] Hydra Glow Facial	55 mins	£95
ELEMIS EXPERT™ Touch Nourish Facial	55 mins	£95
ELEMIS EXPERT™ Touch Reveal Facial	55 mins	£95
[comfort zone] Express Facial	25 mins	£70
ELEMIS EXPERT™ Touch Express Facial	25 mins	£70

### Massage

[comfort zone] Aromasoul Elements Massage	55 mins	£95
[comfort zone] Tranquillity Pro-Sleep Ritual	55 mins	£95
ELEMIS EXPERT™	55 mins	£95
Deep Tissue Tension-Ease Massage		
Traditional Full Body Massage	55 mins	£95
[comfort zone] Back Ritual	55 mins	£95
ELEMIS EXPERT™	40 mins	£85
Deep Tissue Tension-Ease Massage		
ELEMIS EXPERT™	25 mins	£70
Deep Tissue Tension-Ease Massage		
Traditional Back Neck & Shoulder Massage	25 mins	£70

### Combination Treatments

Full Body Massage & Luxury Facial Combo	115 mins	£170
Luxury Facial & Back Neck, Shoulder Massage Combo	85 mins	£155
Full Body Massage & Express Facial Combo	85 mins	£155
Face & Body Combo	55 mins	£95
Body Scrub & Massage Combo	55 mins	£95
Massage & Shape and Polish Combo	55 mins	£95
Fingers and Toes Combo	55 mins	£70

## Heat Treatments

ELEMIS Poultice-Powered Muscle Release	55 mins	£110
ELEMIS EXPERT™	55 mins	£110
Transformative Hot Stone Massage		
ELEMIS EXPERT™	40 mins	£100
Transformative Hot Stone Massage		
Hot Stones Upgrade	15 mins	£20

## Body: Rituals Scrubs & Wraps

[comfort zone] Himalayan Salt Ritual	55 mins	£95
[comfort zone] Tranquillity Pro-Sleep Ritual	55 mins	£95
ELEMIS Intensely Cleansing Lime & Ginger Salt Scrub	25 mins	£70
ELEMIS Intensely Cleansing Frangipani Salt Scrub	25 mins	£70

## Pregnancy

ELEMIS EXPERT™ Peaceful Pregnancy Massage	70 mins	£95
*includes 10 mins for relaxation and recuperation		
Pregnancy Facial	55 mins	£95
*Suitable for all mothers-to-be from 13 weeks of pregnancy		

## Speciality Treatments

Indian Head Massage	40 mins	£85
Rasul Mud Treatment (two people)	40 mins	£80
Rasul Mud Treatment (one person)	40 mins	£50

## Hands & Feet

Luxury Pedicure	70 mins	£70
Classic Pedicure	55 mins	£65
Luxury Manicure	55 mins	£65
Classic Manicure	40 mins	£60
Shape and Polish for Toes	25 mins	£40
Shape and Polish for Fingers	25 mins	£40
*Please bring open toe shoes to wear after your pedicure		

## Gel Nails

GEL Removal and Pedicure*	70 mins	£80
GEL Removal and Manicure*	70 mins	£75
GEL Pedicure	55 mins	£70
GEL Manicure	50 mins	£65
GEL Shape and Polish	25 mins	£45
GEL Removal*	25 mins	£20

\*Removal of soft gels only i.e brush on gels/soak off gels. We are not able to remove hard gels or acrylics requiring specialist equipment. If unsure we therefore recommend you call the spa directly before making a booking.