



SPA TREATMENTS

ROOKERY HALL
HOTEL & SPA

Face

Touch Facials

Hands-on facial treatments use touch as a powerful diagnostic tool, softening and prepping the skin to receive actives. This is where intuition meets expertise.

Anti-Ageing Facials

[comfort zone] Sublime Skin Deluxe Lift Facial	70 mins	£117
ELEMIS EXPERT™ Touch Renew Facial	55 mins	£90
[comfort zone] Sublime Skin Active Lift Facial	55 mins	£90
[comfort zone] Sublime Skin Double Peel Facial	55 mins	£90
[comfort zone] Luminant - 3 Bright Facial	55 mins	£90

Skin Specific/Prescriptive Facials

(Tailored by your therapist)

[comfort zone] Recover Touch Facial	55 mins	£90
[comfort zone] Remedy Facial	55 mins	£90
[comfort zone] Active Pureness Facial	55 mins	£90
[comfort zone] Hydra Glow Facial	55 mins	£90
ELEMIS EXPERT™ Touch Nourish Facial	55 mins	£90
[comfort zone] Express Facial	25 mins	£65
ELEMIS EXPERT™ Touch Express Facial	25 mins	£65

Technology Facials

ELEMIS BIOTEC facials use the pioneering innovation of the BIOTEC machine to switch the skin back on, increasing its natural cellular energy.

Anti-Ageing Technology Facials

ELEMIS Biotec Pro-Glow Smooth Facial+	55 mins	£90
---------------------------------------	---------	-----

Skin Specific/Prescriptive Technology Facials

ELEMIS Biotec Pro Glow Brilliance Facial+	55 mins	£90
---	---------	-----

Massage

[comfort zone] Aromasoul Elements Massage	55 mins	£90
[comfort zone] Tranquillity Pro-Sleep Ritual	55 mins	£90
ELEMIS EXPERT™	55 mins	£90
Deep Tissue Tension-Ease Massage		
Traditional Full Body Massage	55 mins	£90
[comfort zone] Back Ritual	55 mins	£90
ELEMIS EXPERT™	40 mins	£78
Deep Tissue Tension-Ease Massage		
ELEMIS EXPERT™	25 mins	£65
Deep Tissue Tension-Ease Massage		
Traditional Back Neck & Shoulder Massage	25 mins	£65

Combination Treatments

Full Body Massage & Luxury Facial Combo	115 mins	£164
Luxury Facial & Back Neck, Shoulder Massage Combo	85 mins	£145
Full Body Massage & Express Facial Combo	85 mins	£145
Face & Body Combo	55 mins	£90
Body Scrub & Massage Combo	55 mins	£90
Massage & Shape and Polish Combo	55 mins	£90
Fingers and Toes Combo	55 mins	£90

Heat Treatments

ELEMIS Poultice-Powered Muscle Release	55 mins	£100
ELEMIS EXPERT™	55 mins	£100
Transformative Hot Stone Massage		
ELEMIS EXPERT™	40 mins	£88
Transformative Hot Stone Massage		
Hot Stones Upgrade	15 mins	£10

Body: Rituals Scrubs & Wraps

[comfort zone] Himalayan Salt Ritual	55 mins	£90
[comfort zone] Tranquillity Pro-Sleep Ritual	55 mins	£90
ELEMIS Frangipani Body Nectar Nourishing Wrap	55 mins	£90
ELEMIS Intensely Cleansing Lime & Ginger Salt Scrub	25 mins	£65
ELEMIS Intensely Cleansing Frangipani Salt Scrub	25 mins	£65

Pregnancy

ELEMIS EXPERT™ Peaceful Pregnancy Massage	70 mins	£90
*includes 10 mins for relaxation and recuperation		
[comfort zone] Pregnancy Facial	55 mins	£90
*Suitable for all mothers-to-be from 13 weeks of pregnancy		

Speciality Treatments

Indian Head Massage	25 mins	£65
Rasul Mud Treatment	40 mins	£45

Hands & Feet

Luxury Pedicure	70 mins	£65
Classic Pedicure	55 mins	£60
Luxury Manicure	55 mins	£60
Classic Manicure	40 mins	£55
Shape and Polish for Toes	25 mins	£35
Shape and Polish for Fingers	25 mins	£35

*Please bring open toe shoes to wear after your pedicure

Gel Nails

GEL Removal and Pedicure*	70 mins	£75
GEL Removal and Manicure*	70 mins	£70
GEL Pedicure	55 mins	£65
GEL Manicure	40 mins	£60
GEL Shape and Polish	25 mins	£40
GEL Removal*	15 mins	£20

*Removal of soft gels only i.e brush on gels/soak off gels. We are not able to remove hard gels or acrylics requiring specialist equipment. If unsure we therefore recommend you call the spa directly before making a booking.

For terms and conditions, opening times, cancellation policy and other useful information visit handpickedhotels.co.uk/spa-termsandconditions

All prices include VAT at 20% and may be subject to change.

Rookery Hall Hotel & Spa

handpickedhotels.co.uk/rookeryhall

01642 706634 enquiries@handpicked.co.uk

1270615642 rookeryhall@handpicked.co.uk

*Hand*PICKED
HOTELS