



# SPA TREATMENTS

RHINEFIELD HOUSE  
HOTEL

If you are currently staying with us and wish to book a treatment, please call extension number 690 from your bedroom and we would be happy to assist you.

## Face

### Touch Facials

Hands-on facial treatments use touch as a powerful diagnostic tool, softening and prepping the skin to receive active ingredients. This is where intuition meets expertise.

### Anti-Ageing Facials

ELEMIS EXPERT™ Touch Renew Facial	55 mins	£100
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### Skin Specific/Prescriptive Facials

ELEMIS EXPERT™ Touch Nourish Facial	55 mins	£100
ELEMIS EXPERT™ Touch Reveal Facial	55 mins	£100
ELEMIS EXPERT™ Touch Express Facial	25 mins	£70

### Massage

ELEMIS EXPERT™ Deep Tissue Tension-Ease Massage	55 mins	£100
Traditional Full Body Massage	55 mins	£100
ELEMIS EXPERT™ Deep Tissue Tension-Ease Massage	40 mins	£85
ELEMIS EXPERT™ Deep Tissue Tension-Ease Massage	25 mins	£70
Traditional Back Neck & Shoulder Massage	25 mins	£70

### Combination Treatments

Full Body Massage & Luxury Facial Combo	115 mins	£180
Luxury Facial & Back Neck, Shoulder Massage Combo	85 mins	£160
Full Body Massage & Express Facial Combo	85 mins	£160
Face & Body Combo	55 mins	£100
Body Scrub & Massage Combo	55 mins	£100
Massage & Shape and Polish Combo	55 mins	£100
Fingers and Toes Combo	55 mins	£70

### Heat Treatments

ELEMIS EXPERT™ Transformative Hot Stone Massage	55 mins	£115
ELEMIS EXPERT™ Transformative Hot Stone Massage	40 mins	£100
ELEMIS EXPERT™ Transformative Hot Stone Massage	25 mins	£85

## Body: Scrubs & Wraps

ELEMIS Intensely Cleansing Lime & Ginger Salt Scrub	25 mins	£70
ELEMIS Intensely Cleansing Frangipani Salt Scrub	25 mins	£70

## Pregnancy

ELEMIS EXPERT™ Peaceful Pregnancy Massage	70 mins	£100
*includes 10 mins for relaxation and recuperation.		
ELEMIS Pregnancy Facial	55 mins	£100
ELEMIS Pregnancy Express Facial	25 mins	£70
*Suitable for all mothers-to-be from 13 weeks of pregnancy.		

## Additions

Subject to availability.

ADD Theargun Massage	15 mins	£25
ADD Scalp Massage	15 mins	£25
ADD Hot Stone Massage	15 mins	£25
ADD Skin Boost (Double Cleanse & Mask)	15 mins	£25

## Speciality

Reflexology	55 mins	£100
Sports Massage	55 mins	£100
Sports Massage	25 mins	£70
Indian Head Massage	25 mins	£70

## Hands & Feet

Luxury Pedicure	70 mins	£65
Classic Pedicure	55 mins	£60
Luxury Manicure	55 mins	£60
Classic Manicure	40 mins	£55
Shape and Polish for Toes	25 mins	£40
Shape and Polish for Fingers	25 mins	£40

\*Please bring open toe shoes to wear after your pedicure.

## Gelation Nails

GEL Pedicure	55 mins	£65
GEL Manicure	40 mins	£60
GEL Removal	25 mins	£20

\*Removal of soft gels only i.e brush on gels/soak off gels. We are not able to remove hard gels or acrylics requiring specialist equipment. If unsure we therefore recommend you call the spa directly before making a booking.

For terms and conditions, opening times, cancellation policy and other useful information visit [handpickedhotels.co.uk/spa-termsandconditions](http://handpickedhotels.co.uk/spa-termsandconditions)

**All prices include VAT at 20% and may be subject to change.**

## Rhinefield House Hotel

[handpickedhotels.co.uk/rhinefieldhouse](http://handpickedhotels.co.uk/rhinefieldhouse)

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*Hand*PICKED  
HOTELS