



# SPA TREATMENTS

NORTON HOUSE  
HOTEL & SPA

## Touch Facials:

Hands-on facial treatments use touch as a powerful diagnostic tool, softening and prepping the skin to receive active ingredients. This is where intuition meets expertise.

## Anti-Ageing Facials

ishga Facial	55 mins	£95
ELEMIS EXPERT™ Touch Renew Facial	55 mins	£95
ishga Express Facial	25 mins	£60

## Skin Specic/Prescriptive Facials

(Tailored by your therapist)

ELEMIS EXPERT™ Touch Nourish Facial	55 mins	£95
ELEMIS EXPERT™ Touch Reveal Facial	55 mins	£95
ELEMIS EXPERT™ Touch Express Facial	25 mins	£60

## Technology Facials

ELEMIS BIOTEC facials use the pioneering innovation of the BIOTEC machine to switch the skin back on, increasing its natural cellular energy.

## Anti-Ageing Technology Facials

ELEMIS EXPERT™ Tech Lift + Rejuvenate Facial	55 mins	£95
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## Skin Specic/Prescriptive Technology Facials

ELEMIS EXPERT™ Tech Radiance + Revive Facial	55 mins	£95
ELEMIS EXPERT™ Tech Smooth + Polish Facial	55 mins	£95

## Massage

ELEMIS EXPERT™ Deep Tissue Tension-Ease Massage	70 mins	£119
ELEMIS EXPERT™ Deep Tissue Tension-Ease Massage	55 mins	£95
Traditional Full Body Massage	55 mins	£95
ishga Invigorating Massage	55 mins	£95
ELEMIS EXPERT™ Deep Tissue Tension-Ease Massage	25 mins	£60
Traditional Back Neck & Shoulder Massage	25 mins	£60
ishga Express Massage	25mins	£60

## Heat Treatments

ishga Hot Poultice Massage	55 mins	£105
ELEMIS EXPERT™ Transformative Hot Stone Massage	55 mins	£105
ELEMIS EXPERT™ Transformative Hot Stone Massage	40 mins	£88

## Combination Treatments

Full Body Massage & Luxury Facial Combo	115 mins	£173
Luxury Facial & Back Neck, Shoulder Massage Combo	85 mins	£144
Full Body Massage & Express Facial Combo	85 mins	£144
Body Scrub & Massage Combo	55 mins	£95
Massage & Shape and Polish Combo	55 mins	£95
ishga Face & Body Combo	55 mins	£95
Fingers and Toes Combo	55 mins	£68

## Body: Rituals Scrubs & Wraps

[comfort zone ] Himalayan Salt Ritual	55 mins	£95
ishga Marine Experience	55 mins	£95
ishga Seaweed Body Wrap	55 mins	£95
ELEMIS Intensely Cleansing Lime & Ginger Salt Scrub	25 mins	£60
ELEMIS Intensely Cleansing Frangipani Salt Scrub	25 mins	£60
ishga Salt and Oil Scrub	25 mins	£60

## Pregnancy

ishga Mother to be Pregnancy Massage	70 mins	£119
*includes 10 mins for relaxation and recuperation		
Elemis Pregnancy Facial	55 mins	£95
*Suitable for all mothers-to-be from 13 weeks of pregnancy		
ELEMIS EXPERT™ Peaceful Pregnancy Massage	56 mins	£95
*includes 10 mins for relaxation and recuperation		

## Speciality Treatments

ishga Touch Therapy (inc 10 mins consultation)	70 mins	£95
Reflexology	55 mins	£95
Bamboo Massage	55 mins	£95
Indian Head Massage	40 mins	£78
Rasul Mud Chamber	40 mins	£45

## Hands & Feet

ishga Luxurious Seaweed Hand Experience	55 mins	£90
ishga Luxurious Seaweed Foot Experience	55 mins	£90
Luxury Pedicure	70 mins	£55
Classic Pedicure	55 mins	£50
Luxury Manicure	55 mins	£50
Classic Manicure	40 mins	£45
Shape and Polish for Toes	25 mins	£35
Shape and Polish for Fingers	25 mins	£35

\*Please bring open toe shoes to wear after your pedicure

## Geleration Nails

GEL Removal and Pedicure	70 mins	£65
GEL Removal and Manicure	70 mins	£60
GEL Pedicure	55 mins	£55
GEL Manicure	40 mins	£50
GEL Removal	30 mins	£20

\*Removal of soft gels only i.e brush on gels/soak off gels. We are not able to remove hard gels or acrylics requiring specialist equipment. If unsure we therefore strongly recommend you call the spa direct prior to making a booking

For terms and conditions, opening times, cancellation policy and other useful information visit [handpickedhotels.co.uk/spa-termsandconditions](http://handpickedhotels.co.uk/spa-termsandconditions)

**All prices include VAT at 20% and may be subject to change.**

## Norton House Hotel & Spa

[handpickedhotels.co.uk/nortonhouse](http://handpickedhotels.co.uk/nortonhouse)

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*Hand*PICKED  
HOTELS