

# Spa Treatment Menu

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*Hand*PICKED  
— HEALTH CLUBS & SPAS —

## Face

[comfort zone] facial treatments use touch as a powerful diagnostic tool. The products are applied using a combination of ancient and modern massage techniques from around the world.

## Anti-Ageing Facials

[comfort zone ] Sublime Skin Active Lift Facial 55 minutes £70

## Skin Specific/Prescriptive Facials

(Tailored by your therapist)

[comfort zone] Recover Touch Facial 55 minutes £70

[comfort zone] Remedy Facial 55 minutes £70

[comfort zone] Active Purenness Facial 55 minutes £70

[comfort zone] Hydramemory Facial 55 minutes £70

[comfort zone] Express Facial 25 minutes £47

## Massage

[comfort zone] Comfort Touch Massage 55 minutes £70

[comfort zone ] Aromasoul Elements Massage 55 minutes £70

Traditional Full Body Massage 55 minutes £70

[comfort zone ] Tranquillity Back Ritual 25 minutes £47

Traditional Back Neck & Shoulder Massage 25 minutes £47

## Combination Treatments

Face & Body Combo Treatment 55 minutes £70

Body Scrub & Massage Combo Treatment 55 minutes £70

Fingers and Toes Combo Treatment 55 minutes £55

## Heat Treatments

Lava Shell Relax Massage 55 minutes £75

Lava Shell Relax Back Massage 25 minutes £52

## Body: Rituals, Scrubs & Wraps

[comfort zone] Himalayan Salt Ritual 55 minutes £70

[comfort zone] Tranquillity Pro -Sleep Ritual 55 minutes £70

Full Body Scrub 25 minutes £47

## Pregnancy

[comfort zone] New Life - New Mum

Pregnancy Massage 55 minutes - £70

[comfort zone] Pregnancy Facial 55 minutes - £70

*Suitable for all mothers-to-be from 13 weeks of pregnancy*

## For Men

[comfort zone ] Total Hydra Performance Facial 55 minutes £70

[comfort zone ] Total Pure Performance Facial 55 minutes £70

[comfort zone ] Total Anti-Ageing Performance Facial 55 minutes £70

Traditional Full Body Massage 55 minutes £70

Traditional Back, Neck and Shoulder Massage 25 minutes £47

## Speciality Treatments

Indian Head Massage 25 minutes £47

## Hands & Feet

Luxury Pedicure 70 minutes £55

Classic Pedicure 55 minutes £45

Luxury Manicure 55 minutes £45

Classic Manicure 40 minutes £40

Shape and Polish for Toes 25 minutes £28

Shape and Polish for Fingers 25 minutes £28

*Please bring open toe shoes to wear after your pedicure*

## Gelation Nails

GEL Pedicure 55 minutes £50

GEL Manicure 40 minutes £45

GEL Removal and Pedicure 70 minutes £60

GEL Removal and Manicure 70 minutes £55

GEL Removal 30 minutes £15

**Terms and conditions.** Please visit our website for further information on: Hand Picked spa booking terms and conditions. Opening and closing times. How to book and methods of payment. Cancellation policy. Health guidelines.

All prices include VAT at 20% and may be subject to change.

[handpickedhotels.co.uk/spa-termsandconditions](http://handpickedhotels.co.uk/spa-termsandconditions)

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\*Calls cost 5p per minute plus your provider's access charge.

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HOTELS