



Spa Days

Unwind with a spa day offer designed to relax and indulge. Between treatments you will have full use of our spa facilities.

Choose from a range of romantic spa days for two, a tailor made spa day, or perhaps a mother and daughter spa day followed by a healthy light lunch or afternoon tea.

handpickedhotels.co.uk/spa-day-packages

Spa Breaks

Indulge in the ultimate escape by booking a spa and hotel break; a one night spa break for one or two people includes overnight accommodation, traditional breakfast and full use of the spa facilities. Longer or tailor made spa breaks can also be created for the perfect pampered getaway.

handpickedhotels.co.uk/spa-breaks

Gift Vouchers

Gift vouchers are available in monetary, treatment, spa day or spa break format from the spa reception or visit handpickedhotels.co.uk/gifts

Terms & Conditions

Please visit our website for further information on:

- Hand Picked spa booking terms and conditions
- Opening and closing times
- How to book and methods of payment
- Cancellation policy
- Health guidelines

All prices include VAT at 20% and may be subject to change.
handpickedhotels.co.uk/spa-termsandconditions

New Hall Hotel & Spa
Walmley Road, Sutton Coldfield, Birmingham B76 1QX

0121 3354741 or 0845 072 7575*

Central Reservations
01642 706634 or 0845 458 0904*

handpickedhotels.co.uk/newhall

*Calls cost 5p per minute plus your provider's access charge.

Spa Treatment Menu



The Spa is the perfect place to escape the pressures of everyday life and take time to relax and unwind.

Face & Body Combination Treatments

Hand Picked Face and Body Combo	50 minutes - £69
Hand Picked Body and Massage Combo	50 minutes - £69

Face Treatments

Anti-Ageing

[COMFORT ZONE] Sublime Skin Deluxe Lift Facial	1 hr 10 minutes - £80
[COMFORT ZONE] Sublime Skin Active Lift Facial	55 minutes - £70

Skin Specific/Prescriptive

[COMFORT ZONE] Recover Touch Facial	55 minutes - £65
[COMFORT ZONE] Remedy Facial	55 minutes - £65
[COMFORT ZONE] Active Pureness Facial	55 minutes - £65
[COMFORT ZONE] Hydramemory Facial	55 minutes - £65
[COMFORT ZONE] Express Facial	25 minutes - £45
[COMFORT ZONE] Eye Ritual	25 minutes - £45

Massage Treatments

[COMFORT ZONE] Comfort Touch Massage (includes scalp massage)	1hr 10 minutes - £80
[COMFORT ZONE] Comfort Touch Massage	55 minutes - £65
[COMFORT ZONE] Tranquillity Back Ritual	25 minutes - £45
[COMFORT ZONE] Aromasoul Elements Massage	55 minutes - £70
Traditional Full Body Massage	55 minutes - £65
Traditional Back, Neck and Shoulder Massage	25 minutes - £45

Heat Treatments

Lava Shell Relax Massage	55 minutes - £70
Lava Shell Relax Back Massage	25 minutes - £50

Body Treatments

Rituals, Scrubs And Wraps

[COMFORT ZONE] Tranquillity Face and Body Ritual	1 hr 25 minutes - £89
[COMFORT ZONE] Himalayan Salt Massage Ritual	55 minutes - £70
[COMFORT ZONE] Tranquillity Pro-Sleep Ritual	55 minutes - £70
Full Body Scrub	25 minutes - £45

Detox & Cellulite

[COMFORT ZONE] Thermal Re-mineralising Mud Treatment	55 minutes - £70
[COMFORT ZONE] Elasticising Zone Treatment	55 minutes - £70
[COMFORT ZONE] Intense Body Sculpting Thermogenic Attack Treatment	55 minutes - £70

Pregnancy Treatments

[COMFORT ZONE] New Life - New Mum Face and Body Ritual (Beginning, During & After)	1 hr 25 minutes - £89
[COMFORT ZONE] New Life - New Mum Pregnancy Massage	55 minutes - £65
[COMFORT ZONE] Pregnancy Facial	55 minutes - £65 25 minutes - £45

Treatments for Men

[COMFORT ZONE] Total Body Performance Massage	1 hr 10 minutes - £80
[COMFORT ZONE] Total Hydra Performance Facial	55 minutes - £65
[COMFORT ZONE] Total Pure Performance Facial	55 minutes - £65
[COMFORT ZONE] Total Anti-Ageing Performance Facial	55 minutes - £65
Traditional Full Body Massage	55 minutes - £65
Traditional Back, Neck and Shoulder Massage	25 minutes - £45

Speciality Treatments

Indian Head Massage	25 minutes - £45
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Hands & Feet

Luxury Pedicure	1hr 10 minutes - £55
Luxury Manicure	55 minutes - £45
Classic Pedicure	55 minutes - £45
Classic Manicure	40 minutes - £40
Shape and Polish for Fingers	25 minutes - £25
Shape and Polish for Toes	25 minutes - £25

Hair Removal

Full Leg and Bikini Wax	55 minutes - £45
Full Leg Wax	40 minutes - £35
Back or Chest Wax	25 minutes - £25
Half Leg Wax	25 minutes - £25
Full Arm Wax	25 minutes - £25
Lip and Chin Wax	25 minutes - £25
Bikini Wax	10 minutes - £15
Under Arm Wax	10 minutes - £10
Lip or Chin Wax	10 minutes - £10

Eyes

Eyelash Tint*	25 minutes - £15
Eyebrow Shape	10 minutes - £10
Eyebrow Tint*	10 minutes - £10

A patch test is required at least 24 hours before having an eyelash tint.

Geleration Nails

GEL Soak Off and GEL Pedicure	1 hour 10 minutes - £55
GEL Soak Off and GEL Manicure	55 minutes - £50
GEL Pedicure	55 minutes - £50
GEL Manicure	40 minutes - £45
GEL Nails Shape and Polish	25 minutes - £30
GEL Soak Off	10 minutes - £10