

Spa Treatment Menu



*Hand*PICKED
— HEALTH CLUBS & SPAS —

Face

Touch Facials:

ELEMIS and [comfort zone] treatments use touch as a powerful diagnostic tool. The products are applied using a combination of ancient and modern massage techniques from around the world.

Anti-Ageing Facials

[comfort zone] Sublime Skin Deluxe Lift Facial	70 minutes	£106
[comfort zone] Sublime Skin Active Lift Facial	55 minutes	£89
[comfort zone] Sublime Skin Double Peel Facial	55 minutes	£89
[comfort zone] Luminant - 3 Bright Facial	55 minutes	£89
ELEMIS Pro-Glow Smooth Facial	55 minutes	£89

Skin Specific/Prescriptive Facials

[comfort zone] Hydra Glow Facial	55 minutes	£89
[comfort zone] Remedy Facial	55 minutes	£89
ELEMIS Pro-Glow Brilliance Facial	55 minutes	£89
ELEMIS Pro-Glow Resurface Facial	55 minutes	£89
ELEMIS Pro-Glow Renewal Facial	55 minutes	£89
ELEMIS Pro-Glow Express Facial	25 minutes	£59

Technology Facials:

ELEMIS BIOTEC facials use the pioneering innovation of the BIOTEC machine to switch the skin back on, increasing its natural cellular energy.

Anti-Ageing Technology Facials

ELEMIS Biotec Pro-Glow Smooth Facial+	55 minutes	£89
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Skin Specific/Prescriptive Technology Facials

ELEMIS Biotec Pro Glow Brilliance Facial+	55 minutes	£89
ELEMIS Biotec Pro Glow Resurface Facial+	55 minutes	£89

Massage

OTO CBD Wellbeing Massage	70 minutes	£106
ELEMIS Freestyle Deep Tissue Massage	55 minutes	£89
[comfort zone] Aromasoul Elements Massage	55 minutes	£89
[comfort zone] Tranquillity Pro-Sleep Ritual	55 minutes	£89
[comfort zone] Back Ritual	55 minutes	£89
Traditional Full Body Massage	55 minutes	£89
OTO CBD Express Bamboo Back, Neck & Shoulder Massage	25 minutes	£69
ELEMIS Freestyle Deep Tissue Massage	25 minutes	£59
Traditional Back Neck & Shoulder Massage	25 minutes	£59

Heat Treatments

ELEMIS Deeper than Deep Hot Stone Massage	55 minutes	£99
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Speciality

Reflexology	40 minutes	£79
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Combination Treatments

Full Body Massage & Luxury Facial Combo	115 minutes	£162
Facial & Back Neck, Shoulder Massage Combo	85 minutes	£138
Full Body Massage & Express Facial Combo	85 minutes	£138
Face & Body Combo Treatment	55 minutes	£89
Body Scrub & Massage Combo Treatment	55 minutes	£89
Massage & Shape and Polish Combo Treatment	55 minutes	£89
Fingers and Toes Combo Treatment	55 minutes	£89

Body: Rituals, Scrubs & Wraps

[comfort zone] Tranquillity Pro-Sleep Ritual	55 minutes	£89
[comfort zone] Himalayan Salt Ritual	55 minutes	£89
ELEMIS Frangipani Body Nectar Nourishing Wrap	55 minutes	£89
OTO CBD Body Jam Ritual	25 minutes	£69
ELEMIS Intensely Cleansing Lime & Ginger Salt Scrub	25 minutes	£59
ELEMIS Intensely Cleansing Frangipani Salt Scrub	25 minutes	£59

Pregnancy

ELEMIS Peaceful Pregnancy Massage	55 minutes	£89
ELEMIS Pregnancy Facial	55 minutes	£89

Suitable for all mothers-to-be from 13 weeks of pregnancy

Hands & Feet

Luxury Pedicure	70 minutes	£58
Classic Pedicure	55 minutes	£53
Luxury Manicure	55 minutes	£53
Classic Manicure	40 minutes	£49
Shape and Polish for Toes	25 minutes	£32
Shape and Polish for Fingers	25 minutes	£32

Please bring open toe shoes to wear after your pedicure

Gel Nails

GEL Removal and Pedicure*	70 minutes	£67
GEL Removal and Manicure*	55 minutes	£64
GEL Pedicure	55 minutes	£58
GEL Manicure	40 minutes	£54
GEL Shape and Polish	25 minutes	£37
GEL Removal*	25 minutes	£20

*Removal of Mii Gel Nails only

Make Up

Wedding Make-up	55 minutes	£63
Wedding Make-up Trial	55 minutes	£44

Terms and conditions. Please visit our website for further information on: Hand Picked spa booking terms and conditions. Opening and closing times. How to book and methods of payment. Cancellation policy. Health guidelines.

All prices include VAT at 20% and may be subject to change.

handpickedhotels.co.uk/spa-termsandconditions

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HOTELS