



## A Brief History of Afternoon Tea

Tea consumption increased during the early 19th century (early 1840s) around the time that Anna, Duchess of Bedford is said to have complained of a “sinking” feeling during later afternoon.

At this time, it was usual to take only two meals a day: breakfast in the morning and dinner at around 8 pm. The solution for the Duchess was to have a pot of tea and a light snack taken privately in her boudoir during the afternoon.

Later, she invited her friends and before long, this practice proved so popular that all of fashionable society were sipping tea and nibbling sandwiches in the middle of the afternoon.



## EASTER AFTERNOON TEA MENU

*Available 23rd of March - 7th of April*

ETTINGTON PARK  
HOTEL  
STRATFORD-UPON-AVON, WARWICKSHIRE



### Hot Drinks

English Breakfast Tea  
Afternoon Tea  
Earl Grey Tea  
Lapsang Souchong Tea  
Orange Blossom and Fig Tea  
Green Tea  
Rooibos Orange with Cactus Tea  
Elderflower Blossom Tea  
Ceylon Decaf Tea  
Peppermint Tea  
Chamomile Tea  
Super Fruit Tea  
Lemon Ginger Tea

### Americano

Hot water topped with a shot of espresso

### Cappuccino

A double shot of espresso, steamed milk topped with foamed milk

### Latte

A shot of espresso, topped with milk and a thick layer foamed milk

### Double/Single Espresso

A single or double shot of coffee

### Flat White

A single shot of espresso topped with a dense milk foam

### Cafe Mocha

An infusion of Cappuccino and luxurious Hot Chocolate

### Hot Chocolate

Delicious chocolate mixed with steamed milk

### Traditional Afternoon Tea

*Served with your choice of loose leaf tea or coffee*

### Savouries

Chorizo sausage roll  
Sundried tomato and goat's cheese quiche

### Finger Sandwiches

Cured ham and salad  
Cucumber and cream cheese  
Smoked salmon and citrus creme fraiche

### Scones

Home-baked fruit and plain scones  
Clotted cream and strawberry preserve

### Patisserie Selection

Hot cross bun macaron  
Raspberry & lemon blondie  
Carrot cake  
Cornflake cake nest

**£35 per person**

Elevate your experience with a chilled glass of Champagne

**£48 per person**