

Spa Treatment Menu



*Hand*PICKED
— HEALTH CLUBS & SPAS —

Face

ELEMIS facial treatments use touch as a powerful diagnostic tool. The products are applied using a combination of ancient and modern massage techniques from around the world.

Anti-Ageing Facials

ELEMIS Pro-Collagen Age Defy Facial 55 minutes £78

Skin Solutions Facials

ELEMIS Superfood Pro-Radiance Facial 55 minutes £78

Skin Specific Facials

(Tailored by your therapist)

ELEMIS Skin Specific Facial 55 minutes £78

ELEMIS Skin Specific Facial 25 minutes £49

Technology Facials: ELEMIS BIOTEC facials use the pioneering innovation of the BIOTEC machine to switch the skin back on, increasing its natural cellular energy.

Anti-Ageing Technology Facials

ELEMIS BIOTEC Firm-a-Lift Facial 55 minutes £78

Skin Solutions Technology Facials

ELEMIS BIOTEC Radiance Renew Facial 55 minutes £78

Massage

[comfort zone] Aromasoul Elements Massage 55 minutes £78

Traditional Full Body Massage 55 minutes £78

ELEMIS Freestyle Deep Tissue Massage 55 minutes £78

ELEMIS Freestyle Deep Tissue Massage 25 minutes £49

Traditional Back Neck & Shoulder Massage 25 minutes £49

Combination Treatments

ELEMIS Face and Body Couture Touch 55 minutes £78

Face & Body Combo Treatment 55 minutes £78

Body Scrub & Massage Combo Treatment 55 minutes £78

Fingers and Toes Combo Treatment 55 minutes £55

Heat Treatments

ELEMIS Deeper than Deep Hot Stone Massage 55 minutes £85

ELEMIS Deeper than Deep Hot Stone Massage 40 minutes £70

Body: Scrubs & Wraps

[comfort zone] Himalayan Salt Ritual 55 minutes £78

[comfort zone] Tranquillity™ Pro-Sleep Ritual 55 minutes £78

ELEMIS Body Nectar Nourishing
Frangipani Wrap 55 minutes £78

ELEMIS Intensely Cleansing Salt Scrub
Lime and Ginger or Frangipani 25 minutes £49

Pregnancy

ELEMIS Peaceful Pregnancy Massage 55 minutes £78

ELEMIS Pregnancy Facial 55 minutes £78

Suitable for all mothers-to-be from 13 weeks of pregnancy

For Men

ELEMIS High Performance Skin Energiser Facial 55 minutes £78

ELEMIS Freestyle Deep Tissue Massage 55 minutes £78

Traditional Back Neck and Shoulder Massage 25 minutes £49

Speciality Treatments

Indian Head Massage 25 minutes £49

Tanning

Spray Tan 25 minutes £30

Hands & Feet

Luxury Pedicure 70 minutes £55

Classic Pedicure 55 minutes £50

Luxury Manicure 55 minutes £50

Classic Manicure 40 minutes £40

Shape and Polish for Toes 25 minutes £30

Shape and Polish for Fingers 25 minutes £30

Please bring open toe shoes to wear after your pedicure

Gelation Nails

GEL Removal and Pedicure 70 minutes £70

GEL Removal and Manicure 70 minutes £60

GEL Pedicure 55 minutes £60

GEL Manicure 40 minutes £50

GEL Removal 30 minutes £15

Terms and conditions. Please visit our website for further information on: Hand Picked spa booking terms and conditions. Opening and closing times. How to book and methods of payment. Cancellation policy. Health guidelines.

All prices include VAT at 20% and may be subject to change.

handpickedhotels.co.uk/spa-termsandconditions

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*Calls cost 5p per minute plus your provider's access charge.

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HOTELS