

A Brief History of Afternoon Tea

Tea consumption increased during the early 19th century (early 1840s) around the time that Anna, Duchess of Bedford is said to have complained of a "sinking" feeling during later afternoon.

At this time, it was usual to take only two meals a day: breakfast in the morning and dinner at around 8 pm. The solution for the Duchess was to have a pot of tea and a light snack taken privately in her boudoir during the afternoon.

Later, she invited her friends and before long, this practice proved so popular that all of fashionable society were sipping tea and nibbling sandwiches in the middle of the afternoon.

Our afternoon teas are freshly prepared and handmade daily by our professional pastry chefs. We hope you enjoy your experience with us.

Tea Selection

English Breakfast Tea

Earl Grey Afternoon Tea

Ceylon Decaffeinated Black Tea

Lung Ching

Whole Leaf Peppermint

Chamomile Flowers

Lemon & Ginger

Caffeine free loose tea leaves

Mint tea, Rooibos Orange and Cactus Fig, Whole Leaf Peppermint, Very Berry

Tea bags

Pure green, Jasmine green, Peppermint, Camomile, English breakfast

Caffeine free tea bags

Organic Berry burst, Chamomile infusion, Lemon and ginger

AFTERNOON TEA MENU

Served from 2-5pm

ST PIERRE PARK

— HOTEL, SPA & GOLF RESORT —

Traditional Afternoon Tea

A selection of finger sandwiches

Served on seeded and white bread including;
Smoked salmon, watercress and cream cheese

Guernsey mature cheese and pickle

Coronation chicken

Egg mayonnaise and cress

Hand Picked pork sausage roll

Scones

Plain and fruit scone with clotted cream, lemon
curd and homemade strawberry jam

Sweet treats

Pineapple and raspberry panna cotta

Chocolate eclairs

Fruit tartlet

Lemon tart

Chocolate brownie

£29 per person

Royal Afternoon Tea

Enjoy with a glass of Champagne

£38 per person

Cream Tea

Served with plain and fruit scone

Homemade strawberry jam, lemon curd and clotted
cream

£14 per person

Children's Afternoon Tea

Finger sandwiches with Guernsey cheddar cheese
homemade strawberry jam, honey roast ham

Scones

Plain and fruit scone with clotted cream, lemon curd and
homemade strawberry jam

Sweet treats

Strawberry milkshake

Chocolate and marshmallow tartlet

Profiteroles filled with white chocolate

£15 per person